



BASIC GUIDELINES: Letter to School Nurse

Send a brief letter to your child's school nurse before the academic year begins. Explain what EB is, and any treatment or medication your child may need to receive at school. You may need to include a physician's note giving permission for medicine/care to be administered at school. Include contact information for yourself, your child's primary physician, and the debra EB Nurse Educator.

Sample Letter

Dear (School Nurse),

My daughter Jane Smith will be joining Ms. Teacher's kindergarten class this September. Jane has a rare genetic disorder called Epidermolysis Bullosa (EB) that causes her skin to be so fragile it blisters and tears at the slightest friction. Internal organs and body systems are also affected. Jane is not contagious and poses no danger to other students or faculty, but she does require special medical care to help heal wounds, keep her free of infection, and prevent new injuries. The majority of Jane's care will take place at home, but it is important she take the following medications at the noted times. If there are any changes to her prescriptions I will notify you immediately.

Medicine One, dosage – time

Medicine Two, dosage – time

I will also be providing you with an emergency kit in the event that Jane receives an injury during school. A detailed note from her physician explaining how to bandage her wounds is attached. If you have any questions about Jane's care, you can reach out to me or her physician at the contact numbers below. You can also reach out to debra of America to learn more about EB and having a student with EB in your school.

I look forward to speaking with you,

Judy Smith
Home & Work phone (times available)
Email

Dr. Bob Jones
Title (General Practitioner, Dermatologist, etc)
Office (time available)
Email

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Dystrophic Epidermolysis Bullosa Research Association of America, Inc.

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